



## **TweedLove Glentress Family Day**

Sunday 25<sup>th</sup> August 2024

Welcome to the TweedLove Glentress Family Day presented by Ridelines! Across the day there is a programme of fun 'races' for kids of all ages - seeing how many laps they can do, or just going that wee bit faster. Every child will get a TweedLove medal and their very own number board to take home. There are no winners' podiums because everyone's a winner here!

### **IMPORTANT INFO**

#### **Registration**

Registration will be open from 08:00 on Sunday only at the TweedLove tent in the event village. Please ensure you get to registration at least 30 minutes before your session starts. We'll have lots of children registering and we will process everyone as quickly as we can.

#### **Bike Check**

Once you have registered, please make your way to the bike check. MTB leaders from KICC will be on site to carry out compulsory Bike Checks for all riders (please ensure you have registered prior to the Bike Check).

All equipment used at an event must be fit for purpose and ridden / used at rider's own risk.

Bar end plugs must be fitted.

*Children must have their bikes checked before they will be allowed to ride the course.*

#### **Safety**

Children must ride safely, in control and within the limits of their ability at all times – this includes when overtaking. Please follow these safety guidelines:

- Cycling helmets **MUST** be worn and fastened at all times during the event.
- Gloves are strongly recommended.
- Bike in full working order, including bar end plugs.
- No stabilisers or three wheelers allowed.
- Appropriate clothing for the weather (rain jacket, sun cream etc).
- Any participants who persistently misbehave or put others in danger will be asked to leave the activity and will not be allowed to continue.
- A parent or responsible adult **MUST** remain on site for the duration of event. Adult name and contact for this person can be confirmed/recorded at registration on the day.



## VENUE

Glentress Weekender Base Camp, EH45 8NB | What 3 Words: evoke.thumbnail.skate

Please see the venue map [here](#).

### Getting there

Glentress is situated between Peebles and Innerleithen on the A72, about 26 miles south of Edinburgh. It's within easy reach of Edinburgh, Glasgow, Newcastle, the Scottish central belt and the north of England. The postcode for the event village is EH45 8NB for sat navs.

### Camping & Parking

Please read all [camping & parking info here](#).

Please see Glentress Weekender Camping Notes [here](#).

### Event Village

The event village is free for anyone to come and enjoy. There will be a great choice of food vendors, including ice cream and crepes for the little ones and Tempest Brewery will be bringing the beers! Why not join us on Saturday to cheer on the Glentress 7 legends?

## PROGRAMME

### Balance bikes:

- Balance A | 10.00am – 10.20am | up to 5 years
- Balance B | 10.25am – 10.45am | up to 5 years
- Balance C | 10.50am – 11.10am | up to 5 years

### Pedal bikes 1:

- Pedal bikes 1A | 10.00am – 10:20am | 5 - 6 years
- Pedal Bikes 1B | 10:20am - 10:40am | 5 - 6 years
- Pedal Bikes 1C | 10:40am - 11:00am | 5 - 6 years

### Pedal bikes 2:

- Pedal 2A | 11:00am – 11:30am | 7 – 9 years
- Pedal 2B | 11:30am – 12:00pm | 7 – 9 years
- Pedal 2C | 12:00pm – 12:30pm | 7 – 9 years

### Pedal bikes 3:

- Pedal bikes 3 | 12:30pm - 13:15pm | 10 - 11 years

### Pedal bikes 4:

- Pedal bikes 4 | 13:15pm - 14:15pm | 12 - 13 years