

# Hope Enjoyro EVO Presented by Ridelines

Sunday 25<sup>th</sup> August 2024



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# 1. EVENT SCHEDULE

Important: the race stages will be open in the days prior to the event but if you practice, please be aware that event officials may be working on the stages.

## Friday 23<sup>rd</sup> August

**16:00 – 19:00** Registration & camping check-in open (you can arrive later for camping, but there might not be an event official present)

## Saturday 24<sup>th</sup> August

**09:00 – 21:00** Glentress event village open, with food vendors & beer tent (see 4.1 for full programme)

**10:00 – 16:00** Registration open

## Sunday 25<sup>th</sup> August

**08:00** Registration opens

**09:30 – 12:30** Race starts & Rider Briefing. *You can choose your start times when you register – on a first come, first serve basis. eBikes will go out last.*

**17:00** Podiums ceremony

## 2. GETTING THERE & PREP

**Event HQ, Start/Finish & Registration:** The Glentress Weekender Basecamp

The event will be signposted from the A72 main road - Glentress is between Peebles and Innerleithen.

Please see the map [here](#).

### 2.1 Parking & Camping

Please note Parking and Camping are not pre-bookable for the event but don't worry, there will be plenty of space for everybody, including spectators.

Camping is available for Friday, Saturday and Sunday night.

All parking and camping for Glentress Seven, the Enjoyro Evo and the Family Day is in the overflow parking field at Glentress Forest. There is no event parking in the Glentress car parks. Please note: It's a condition for the event that we use the allotted parking area only and not the other Forestry and Land Scotland parking spaces at the Glentress Peel etc, please respect this arrangement.

The field will have both parking and camping areas, which will be separate and clearly signposted upon arrival. Please ensure no tent pegs or gazebos are used in the parking area (the bottom section of the field) – map to follow.

Tents, campervans, caravans and awnings are all allowed. Gazebos/ezups are allowed but you may be asked to take them down due to wind/safety considerations.

Toilets will be available at the camping field. Showers and water are available at the Osprey Centre – a 5-minute walk from the camping field.

#### How it works

As you enter Glentress, an Automatic Number Plate Recognition (ANPR) car parking system is in place. The camera will read your vehicle registration number as you drive slowly over the speed bump, through the entry lane.

The charges to park at Glentress are:

- Free for up to 30 minutes (the exit barrier will raise automatically)
- £3 for up to 1 hour
- £4 for up to 3 hours
- £6 for all day
- £24 for minibus or coach all day
- If you're camping & staying overnight, you will be charged at the daily rate of £6. So, if you arrive on Friday evening & leave on Sunday evening you will be charged £18.

If you are an annual parking pass holder, the exit barriers will raise automatically for you.

If you have stayed longer than 30 minutes (and are not an annual parking pass holder), PLEASE PAY BY CARD BEFORE YOU LEAVE at any of the pay machines located in the car parks and outside the Gateway building. Please leave within 20 minutes of paying. Please make sure you have paid before you reach the exit barrier to help ease queues, particularly on Saturday & Sunday evenings.

If the exit barrier does not raise, please press the 'help' button and someone will assist you.

Blue Badge holders park for free.

- Please enter the last 7 digits of your Blue Badge number at the pay stations before you exit the car park.

**Please see Glentress Weekender Camping Notes [here](#).**

## 2.2 Clothing & Kit

Please make sure that you are well prepared for a day out on the hill. Remember, you'll be exposed to the elements for several hours and must be prepared for potential delays.

*Need some last-minute kit? We're huge fans of Endura - check out their gear [here](#).*

### You must have the following:

- A HELMET - THIS MUST BE WORN & FASTENED AT ALL TIMES WHILE YOU ARE RIDING YOUR BIKE.
- Mobile phone (charged)
- Bar end plugs

### Strongly Recommended:

- Knee pads
- Elbow pads
- Gloves
- Eye protection (glasses or goggles)
- Front mudguard
- Full body cover and waterproof jacket if conditions are cold/wet
- Suitable back or hip-pack
- Basic, well-maintained first aid kit & foil blanket
- Inner tubes/puncture repair kit
- Multi-tool
- Food and fluids

## 3. RIDER REGISTRATION

**Event HQ, Start/Finish & Registration:** Glentress Weekender Basecamp

### Registration

- Friday registration: 16:00 – 19:00
- Saturday registration: 10:00 – 16:00
- Sunday registration: 08:00 – 09:30

Registration is at Event HQ, where your emergency contact details will be checked, and you'll receive your number board, cable ties and start times. Don't forget to complete the information required on the back of your number board. If you're signing up for a friend, make sure you have their emergency contact details too.

### Start Times

You'll then collect your start times sticker – attach this to your bike's top tube. **Start times will be given out on a first come, first serve basis**, so if you want to start earlier, please register on the Friday or Saturday.

The aim is to get to the stages by the guide time on the sticker. Try to complete the course within these times, though there's no penalty if you're late. If everyone sticks to these times, there will be very little queueing.

### Timing Chip

**IMPORTANT! Collect your timing chip on Sunday from 09:00 and wear it on your right wrist.**

This will record your stage times and must be worn on your right wrist. **YOU MUST HAND IT IN AT THE END TO GET YOUR TIMES.** If you don't hand in your chip at the end of the race, you'll be invoiced £60 for it.

Please Note: Stay away from timing beacons (4m) around stage starts and finishes, as your timing chip is a sensitive piece of equipment, and this can lead to false timing recording.

The event uses the SI Air system timing.

**It is the rider's responsibility to collect a timing chip.**

Once your number board and sticker are on your bike, and your timing chip on your wrist, that's you ready to head to the start area!



## 4. EVENT FACILITIES

### 4.1 Event Village

The event village is free for anyone to come and enjoy – bring your mates, kids and partners. Good vibes, delicious food and cold beer served all day!

Please see the map [here](#).

#### Programme

#### **Fri 23 Aug**

16:00 – 19:00 | Glentres 7 & Enjoyro EVO registration open

*No food vendors will be on site on Friday, but Riders Retreat at Glentres is open all evening.*

#### **Sat 24 Aug**

09:00 | Glentres Forest Café & on-site Coffee open

08:00 – 10:00 | Glentres 7 registration

10:00 – 17:00 | Glentres 7 race

11:00 – 19:00 | Street Food Vendors open (pizzas, burritos, burgers, fries, crepes, ice cream & more)

12:00 – 16:00 | Enjoyro EVO registration

12:00 – 21:00 | Tempest Festival Bar open

18:00 | Glentres 7 podiums

#### **Sun 25 Aug**

08:00 | Enjoyro EVO & Glentres Family Day registration opens

09:00 | Glentres Forest Café & Coffee on-site open

09:30 – 16:30 | Enjoyro EVO race

10:00 – 14:30 | Family Day races

11:00 – 18:00 | Street Food Vendors open (pizzas, burritos, burgers, fries, crepes, ice cream & more)

12:00 – 18:00 | Tempest Festival Bar open

17:00 | Enjoyro EVO podiums

### 4.2 Bike Wash

The official Glentres Forest bike wash is available to use all weekend. You must wash your bike and tyres thoroughly after riding to reduce the risk of forest diseases, which currently (and seriously) threaten larch, ash and other species throughout the UK. **Look after our forests.**

### 4.3 Mechanical Support

Alpine Bikes will offer mechanical support at their shop next to the Peel Café from 9am, just a few minutes walk from the village. Please note this will be charged at normal rates.

### 4.4 TweedLove Shop

This is your last chance to grab yourself a race jersey (see pic) or a limited edition T-shirt – open all weekend in the event village!





## 5. COURSE MAP & INFORMATION

Please see the course map [here](#).

**IMPORTANT!! The Enjoyro EVO course will be marked with YELLOW arrows. Please make sure you follow yellow arrows around the course** (there might be red arrows up too – they are for a different event).

### 5.1 Start & Finish

It's very important that you try to keep moving efficiently round the course – if everyone keeps to their stage start times, there should be very little queuing at stage starts.

There is a finish timing beacon at the Event HQ – which you'll pass to register your total journey time.

### 5.2 Course Summary

- Approx 20km / 800m ascent
- 5 race stages
- Please follow all signage and directions.

The map is provided for your information, but there's no official practice for this event, so ride the entire race with appropriate care and safety! If you want to ride any of the course in advance you are welcome to do so, but please be aware event staff may be on the trails and they will be open to the public.

All race stages will be closed to the public on Sunday 25 August - and reserved for racers only.

Riding will vary from fast and flowy, to tight and technical. The course is designed to be suitable to be ridden blind, with no forced gap jumps or big drop offs. Trails in the forest can often feature roots and narrow, tree lined trails. Some trails have loose rocks and others have off-camber roots. Riders should adjust their speed accordingly and ride safely. Any hazards on the course will be identified with warning signs. A double downward arrow sign indicates a steep or technical section/trail hazard.

**IMPORTANT:** On some more open sections, tape 'gates' will be used. This will involve a set of taped posts on either side of the track, which form a gate. Anywhere there is tape on both sides of the track, the rider must pass between the two sides of the gate. Failure to do so will lead to disqualification.

**PLEASE NOTE:** Please be aware there will be lots of other riders in Glentress, and the Glentress Family Day for children will also be live. Please look out for other riders on transitions.

Transition stages remain open to the public at all times. Please be courteous to other trail users! And as always, allow faster riders to pass. Signage and rider flow has been designed to keep everyone safe and avoid conflicting traffic.

## 5.3 Course Marking

The course will be marked with tape throughout. Some sections where there are no optional lines or crossings, will be left relatively free of tape. All junctions or crossings will be clearly taped off. Signage will be in place as required.

Transitions will be marked with a combination of arrows, tags of course tape and other markers beside the road or trail.

Major hazards on the course will be identified with warning signs.



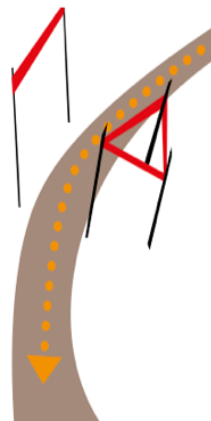
### Double Downward Arrow

This indicates a steep or technical section/trail hazard.



### Triple Downward Arrow

This indicates the most difficult or most severe technical sections on the course.



### Gates

Where taped gates are set out, you must always pass between the two taped sides. On some more open sections, these taped 'gates' will be used.

This will involve a set of taped posts on either side of the track. Anywhere there is tape on both sides of the track, the rider must pass between the two sides of the gate. Failure to do so will be regarded as course-cutting and lead to disqualification.

Our race tape is recycled.

## Important Notes

- There is enough slack in the overall time allowance for the whole course that an averagely fit and fast rider will have spare time for food stops and will not have to totally beast themselves to get round the course.
- However, delays caused by accidents or other circumstances will be taken into consideration, but these **MUST BE NOTIFIED TO MARSHALS** during the event – not just at the finish.
- Your timing chip will record all your stage start and finish times, as well as your overall course time.
- You can only race each stage once.
- All riders' times are logged and available at the finish. On handing in your timing chip, you will be given a printout of all your times.

- If you have unforeseen delays or issues which will affect your ability to complete the course in time, please notify a marshal or race official.
- If the race is stopped or delayed for any reason, timings will be adjusted accordingly.
- **All results will be posted on the [event website](#) ASAP after the event.**

## 5.4 Food & Water on Course

A feed station will be on course (see course map [here](#).) providing water, nutrition products from High5, bananas from local supplier & delicious home baked cakes from John Adam Bakery. Please ask marshals at feed station for vegan and gluten-free options.

## 5.5 Shuttling & Retirement

There is no shuttling allowed. All stages and transitions must be pedalled.

A sweeper will go round the course behind the last riders. If you retire for any reason, please inform Event HQ on 07496 871220 — please program this number into your phone prior to the event as this will ensure that it is easily available to you.

## 6. RESULTS

### 6.1 Categories

Male	Female	eMTB Male	eMTB Female
12– 13 yrs	12– 13 yrs	14-17 yrs	14-17 yrs
14– 15 yrs	14– 15 yrs	18-34 yrs	18-34 yrs
16– 39 yrs	16– 39 yrs	35-49 yrs	35-49 yrs
40– 49 yrs	40– 49 yrs	50+	50+
50– 59 yrs	50– 59 yrs		
60+	60+		

There are no additional stages for eMTB riders - everyone will ride the same course. The vast majority of eMTB riders will be able to complete the course comfortably on one battery.

**Generations riders** — both riders will have their own timing chip and receive individual race times. Combined times will be available, but the final race results are for individual riders, just like the other categories.

**Note:** categories are calculated by your age at the end of 2024. For example, if you turn 30 this year but are currently 29, you will be entered into the 30-39 yrs age category.

### 6.2 Who Wins?

Winners will be calculated by taking each racers position per stage to calculate an overall standing.

1st, 2nd and 3rd fastest in each of the categories will receive a prize. All results will be available on the [TweedLove website](https://www.tweedlove.com) as soon as possible after the event.

### 6.3 Protests

Protests against the result or disqualifications should be addressed to the Event Organisers within the 30 minutes following the end of the race.

# 7. RULES & REGULATIONS

## Terms & Conditions

Click here for full [Terms & Conditions](#).

## Courtesy

The forests will be busy as it's a weekend – be courteous to other forest users, walkers and riders at all times. Transition sections, between the race stages, will be open to the public for riding as usual. Race stages are all closed to the general public for the duration of the race and practice.

Please do not ride on the pavement at any time.

Please be courteous to residents and everyone else. Let's make sure the MTB community has a good name and a reputation for good conduct.

### Important good conduct requests:

- Don't ride on pavements in local towns!
- ALWAYS give way to pedestrians!
- Park considerately! Event attendees must park at the Event Parking.

## Insurance

Personal insurance coverage is not provided by Hillside Outside.

Participants are responsible for securing their own accident, rescue, health, travel, property and liability insurance.

## Photography & Videos

The organisers shall have unlimited rights to publish pictures and video images of the participants and may be used for promotional and publicity purposes. You are also agreeing to any video recording by drone. Images and video may be forwarded to press representatives and for marketing activities.

## Cameras

It is the policy to allow for cameras to be worn on either bike attachments, or breakable chest and body mounted positions. Camera equipment must not be attached directly onto the main body of the helmet, but can be attached to the visor.

In using the equipment, the rider is fully aware and conscious of the potential risks that are then exposed to them as a result. This concerns incidents of injury, accidents or damage to equipment.

## Rules & Information

IMPORTANT INFO!



The organisers retain the right to change rules, terms and conditions as required.

- Helmets must be worn while riding or they may be disqualified.
- Helmets must be worn at ALL TIMES WHEN RIDING.
- Helmets can be full-face or open-face.
- Attending race briefings is mandatory, this will be at the start area shortly before your start time.
- Riders must obey all event marshals' and event officials' instructions.
- Course-cutting, moving of any course tape or markers, riding under/over tape and shortcutting, aggressive riding or poor behaviour towards other riders will be disqualified and banned from future events.
- Anyone found to be changing equipment/wheels etc will be disqualified. New tubes are fine of course.
- In case of a mechanical failure leading to the need for major equipment replacement, a race official should be informed.
- Every rider is responsible for their bike and equipment. The condition, quality and construction should be suitable to ensure the safety of riders or other persons. Riders must carry sufficient spares for their own use.
- *Riders must be courteous and aware of other riders. Slower riders must allow faster riders to pass by pulling over at a suitable place to enable safe overtaking. Riders catching the rider in front must clearly (and politely) indicate which side they wish to pass.*
- You must provide an emergency contact number.
- The course features climbs and descents on a wide variety of trail surfaces. All riders must complete the entire course on the same bike – frame, suspension (rear and front) and wheels.
- Signage will be in place along the entire course warning traffic of the event, but riders are always responsible for their own safety.
- The transition may include public roads with traffic present, where you must ride responsibly and considerately. Follow the Highway Code at all times. For riders from abroad, please remember to ride on the left.
- The race is open to all riders, and no licence is required.
- **Please don't drop any litter – marshals will have bin bags!**

## Responsibilities

Riders attend the event on their own account and at their own risk. The rider is responsible for the safety of their bike, equipment and clothes. The organisation is not responsible and cannot be held responsible for any injuries and/or damages as results of any action during the event, or during practice for the event.

The organisers reserve the right to disqualify any rider in breach of any of these regulations.

This agreement starts with the entry. The organisation reserves the right to make any necessary changes or even to cancel the whole event according to safety problems at any time, official orders, government laws or other unforeseen events.

The organisers will endeavour to give all entrants a time derived from the electronic timing chip system provided. However, they are not responsible in the unlikely event of a fault in the electronic timing system.

## Waiver Of Liability

Every rider understands and admits that participation in the event is voluntary. They assume full responsibility for any injuries or damages from their participation in, or practice for, the event.

They recognise and understand that mountain biking and the activities associated with this event may be hazardous, that their participation is solely at their own risk and that they assume full responsibility for any resulting injuries and damages that may occur.

Every rider affirms that they are in good health. They declare that they are physically fit and capable to participate in the event. Every rider understands it can be a strenuous day out with significant amounts of climbing and distance to be cycled in order to complete the course.

Every rider has to acknowledge that they have read and understood this entire waiver of liability and agrees to be legally bound by it.

## 8. MEDICAL

### First Aid

Medical support is in place on practice and race day provided by MX Medical. There will be mobile units on the hill, and first aid trained event staff at the Event HQ/Start & Finish area.

If you come across an injured rider – help if you can, but let the nearest marshal know as soon as possible and we'll get help to them. At any point if you need assistance, please call Event HQ on 07496 871220.

**In case of emergency, always call 999.**

### Head Injuries

There's increasing awareness of the big problems surrounding head injuries, so we have new measures in place. Race marshals and riders will all be expected to play their part in looking out for head injury incidents, and if, following a crash, anyone is suspected of a bad head knock, they may be asked to pause until they can be assessed.

### A short guide:

Visible signs of concussion for riders/riding buddies/support staff:

The presence or development of any one or more of the following visible signs may indicate a concussion injury has occurred. If concussion is confirmed or suspected the rider should stop riding/racing immediately and not return to riding for the rest of that day.

- Changing level of consciousness or responsiveness
- Slow to get up after a direct or indirect hit to the head
- Unsteady on feet/ balance problems or falling over/incoordination
- Grabbing/clutching of head
- Dazed, blank or vacant look
- Obvious facial injury and/or head trauma
- Disorientation or confusion and an inability to respond appropriately to questions

### Safety

Helmets must be worn – not doing so will result in disqualification. This is for the safety of all our riders.

You must ride safely, in control and within the limits of your ability at all times – this includes when overtaking. Helmets must be worn and fastened at all times while riding your bike. Any rider failing to comply with this will be disqualified.

On practice day, while inspecting the tracks, DO NOT stop in the middle of the track. Make sure you and your bike are not causing an obstruction or danger.

Trails used for the race stages are closed to the public for both practice and race days. However, please remain vigilant in case someone strays onto the course who shouldn't be there - particularly on practice day.

## Bike Safety

Please stay vigilant and keep a close eye on your bike. Bike theft is now a huge problem in the UK and there will be people out there who'll take yours if given half a chance. Let's not let these criminals get what they want.