

RIDELINESMTB ENJOYRO

 **tweedlove**
bike festival

Saturday 23 April 2022
Riders' Notes

**IMPORTANT EVENT INFORMATION.
PLEASE READ!**



RIDELINESMTB ENJOYRO

Welcome to Ridelines Enjoyro Saturday 23 April 2022

Welcome to our 'intro level' enduro — an introduction to the fun of enduro racing. Ridelines Enjoyro provides a sweet way into the joy of enduro racing, eases you in gently and gives you an idea of what it's like to tackle a full on enduro!

A fun and (mostly) fear-free experience for the enduro-curious — a shorter and easier enduro adventure. There are four timed race stages and one optional eMTB-only stage.

Read on for more info.

Don't forget, if you want the next level of enduro racing up from Enjoyro, the Amateur category of the Pirelli Tweed-Love Pro Am enduro, September 16-17 is the one to go for next! See Tweed-Love website for details.

Event Start/Finish & Registration:

Peebles Hydro Hotel
Innerleithen Road, Peebles
EH45 8LX

IMPORTANT: There's NO parking allowed at the Hotel, in the hotel grounds (except for residents) or at Hydro Gardens (the residential area just in front of the hotel).

Registration will be at Event HQ. You must register before you race and collect your number board and timing chip. There's no racing without a number board.

At registration, you'll be given stickers with guide start times for the different stage times. Try to complete the course within these times, although there's no penalty if you're a little late.

You'll then collect your timing card, after which you should make your way to the start area.

photos: Jerry Tatton

Please read this info carefully
– it contains things you need
to know for the race.





Timing cards

You will be given a timing card, which you must use throughout the race. **YOU MUST HAND IT IN AGAIN AT THE END TO GET YOUR TIMES.**

Timing cards should be worn on your right wrist and although they do not actually need to be inserted into the card readers, they do need to be placed very near the readers (within 4 cm) and the timing station will beep to confirm that it has registered your time. Think of it as punching your card at the card reader, rather than swiping a credit card.

You need to dib as follows:

- At the very start, before you leave the Event village/ HQ.
- At the start and finish of every stage.
- At the end of the race, before you hand in your card at the Timing Tent — where you'll be given your results.

Timing cards must be returned to get results. Non-returned cards will be charged at £30 per card.

You can only ride each stage once.

All riders' times are logged and available at the finish. On handing in your timing card, you will be given a print-out of your times.

You must wear your timing card on your **RIGHT** wrist. Timing stations/card readers are all on the right-hand side of the trails.

Event schedule

WEDNESDAY 20 APRIL

Registration times for all riders emailed out.

SATURDAY 23 APRIL

09:00 – 11:20:

Registration & Timing Card
Collection at Event HQ

09:30 – 11:50:

Start

14:30 approx:

Ridelines Enjoyro Podiums

Parking

Please be advised that there will be **NO** parking allowed at Peebles Hydro Hotel or at Hydro Gardens. There is extensive free parking on many side streets around town, but please park responsibly and courteously. Visit parkopedia.co.uk for info on other places to park in Peebles.

On Saturday, please park considerately in Peebles, then come with your bike, ready to race, to the Ridelines Event HQ (at Peebles Hotel Hydro) at your allocated Registration time - as emailed to you on Weds 20th. These times will also be available on the event webpage from Thursday 21st April.

Event Facilities

Food and drink by Peebles Hydro Hotel will be available (menu below). Please note this is card **ONLY**.

BREAKFAST (8AM – 11AM)

Nutrigrain Bars – **£1.50**

Stoat's Raspberry & Honey Porridge Pots – **£2.50**

Bacon Rolls/Veggie Sausage Rolls – **£2.50 each**

Water Bottles – **£1.75**

Tea/Coffee – **£2.00**

FROM THE BBQ (11AM – 5PM)

Burgers – **£5.00**

Vegi Kebab in Houmous Wrap – **£5.00**

Hog Roast – **£6.50**

Minute steak rolls – **£7.50**

Hot dogs – **£5.00**

Mars Bars 80p/Crisps – **£1.00**

Tray Bakes – **£1.50**

BAR

Bottles Coke/Diet Coke/Fanta – **£2.60**

Fruit Shoots – **£1.70**

Bottled Water – **£1.75**

1881 G&T Cans – **£5.00**

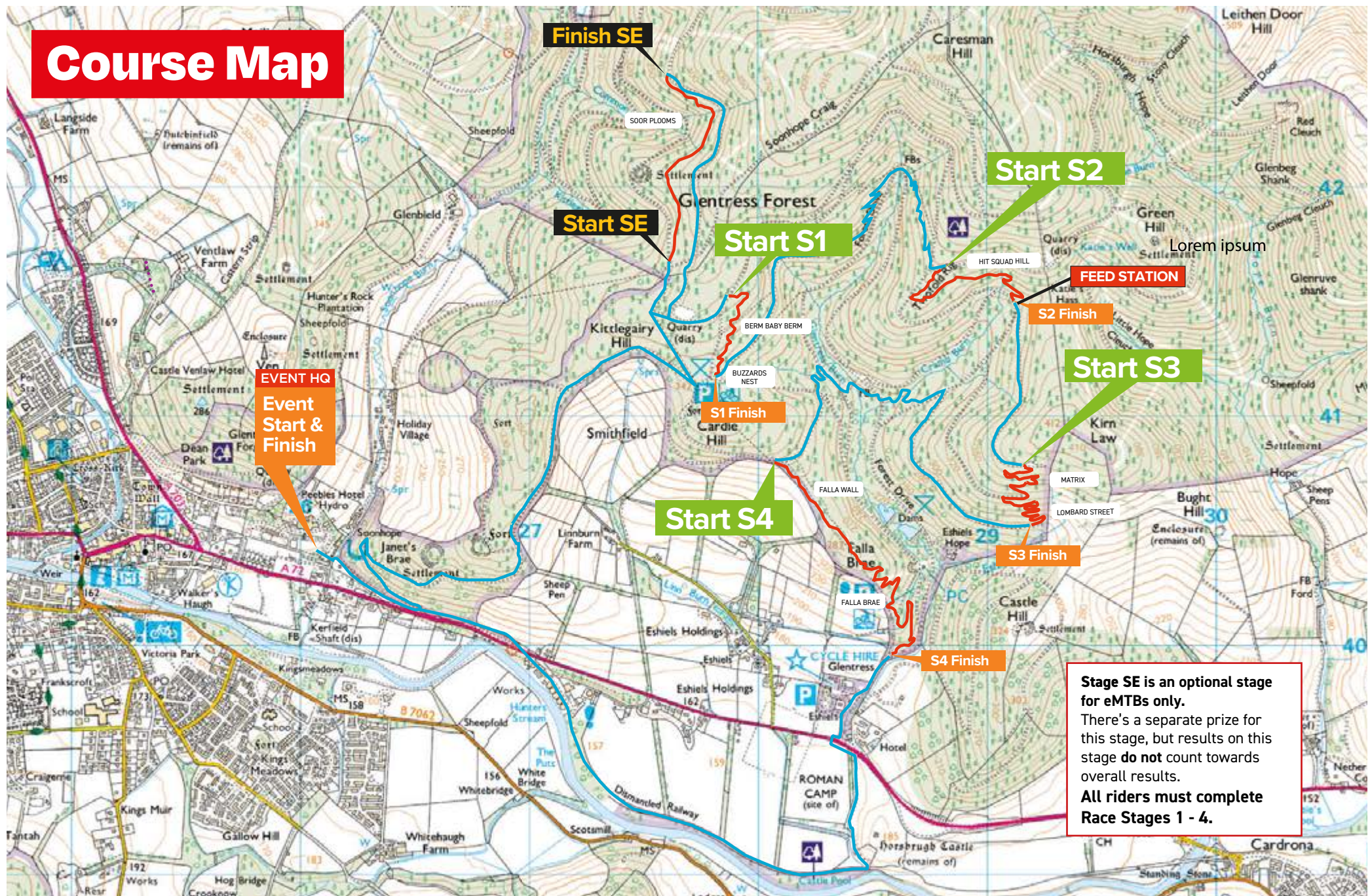
Mini Prosecco – **£7.90**

Bottled Beer – **£4.30 - £4.80**

Fresh drinking water will be available on site.
Bike wash available at the hotel.

Please use the litter bins provided.

Course Map

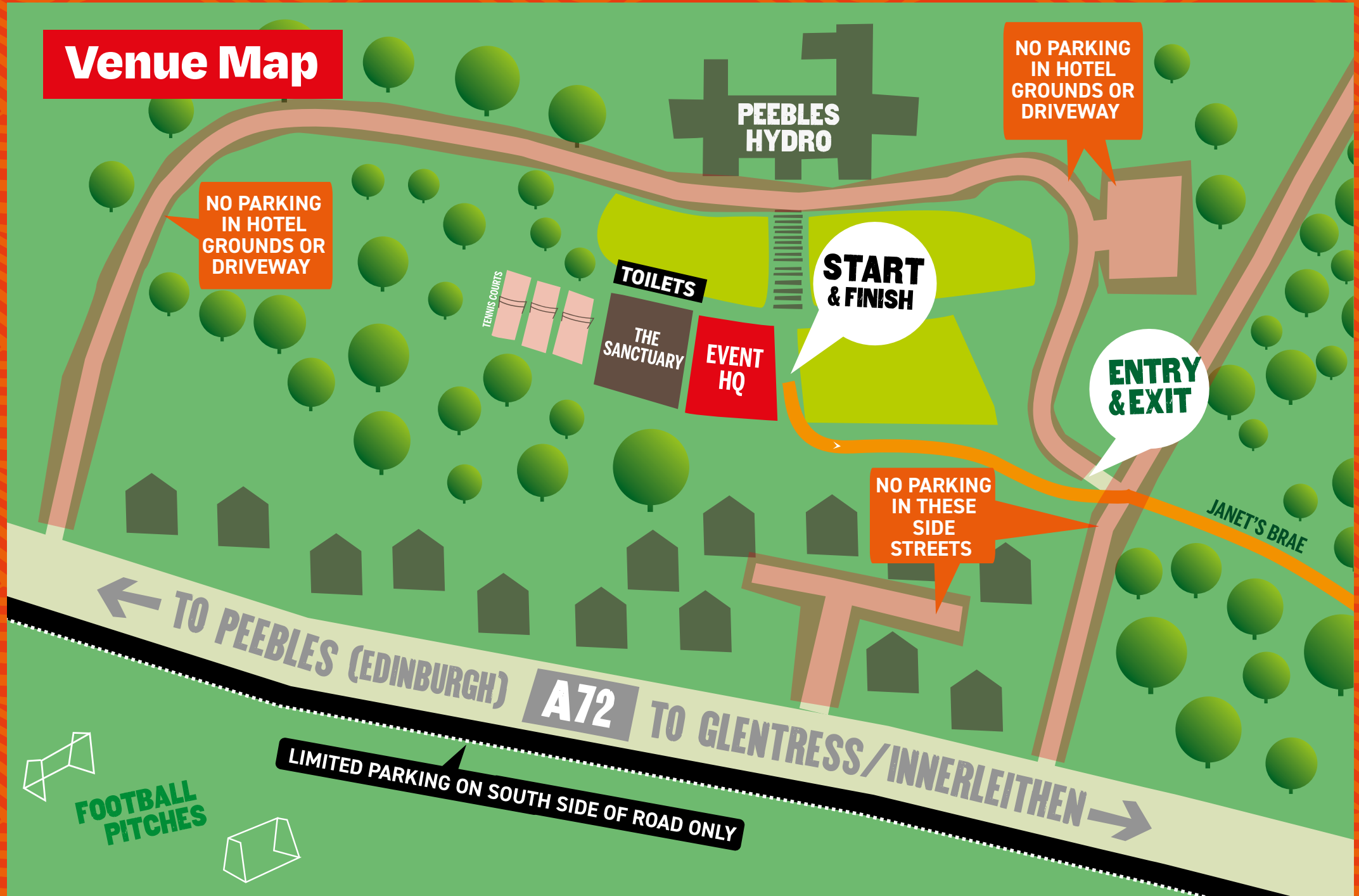


Stage SE is an optional stage for eMTBs only.

There's a separate prize for this stage, but results on this stage **do not** count towards overall results.

All riders must complete Race Stages 1 - 4.

Venue Map



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Course info

There is no practice, so ride the entire race with appropriate care and safety!

The map is provided for your information, but there's no official practice for this event. Taping and prep will be underway on Wednesday, Thursday and Friday – some sections may be closed.

Also for safety reasons, please stay off marked event trails and avoid all taped trails until the event itself.

The course will be made up of four compulsory (and one optional stage for eMTB-ers) all situated in Glentress forest.

Riding will vary from fast and flowy to tight and technical. The course is designed to be suitable to be ridden blind with no forced gap jumps or big drop offs. Trails in the forest can often feature roots and narrow, tree lined trails. Some trails have loose rocks, others off-camber roots. Riders should adjust their speed accordingly and ride safely.

Any hazards on the course will be identified with warning signage. A double downward arrow sign indicates a steep or technical section/trail hazard.

The transitions will be marked with signage and arrows. All race stages will be taped. Some sections where there are no optional lines may be left relatively free of tape. All junctions or crossings will be clearly taped off. Signage will be in place as required. Ride the trails as they were intended to be ridden, if tape is down or a line looks like a cheat line stick to what you think is right. Cheaters are not welcome and will be disqualified.

IMPORTANT: On some more open sections, tape 'gates' will be used. This will involve a set of taped posts on either side of the track, which form a gate. Anywhere there is tape on both sides of the track, the rider must pass between the two sides of the gate. Failure to do so will lead to disqualification.

eMTB-STAGE

The eMTB-only stage is predominantly an uphill and undulating stage rather than a standard enduro descent - part of the fun for eMTBs! This stage is not mandatory, and only available to eMTBs, and there will be spot prizes for the fastest times. Results for the eMTB stage do NOT count to your overall Enjoyro results.

Please note: if you've got a Generations ticket, you cannot take part in the E-bike stage unless both members of the Generations team are on an E-bike.



JOIN THE CONVERSATION

Post-race, we'll be sharing images and results from the event, make sure you follow us on Facebook, Twitter and Instagram.

We also want to hear from you, use @tweedlovest #enjoyro #tweedlovest #tweedlove #bikevalley and share:

- Your best event memories
- Your favourite training and event photos and videos
- And of course, a photo with you!



Course marking

Riders should adjust their speed accordingly and ride safely. This is blind racing with no practice. The course may not be taped exactly as you expect, so be prepared.

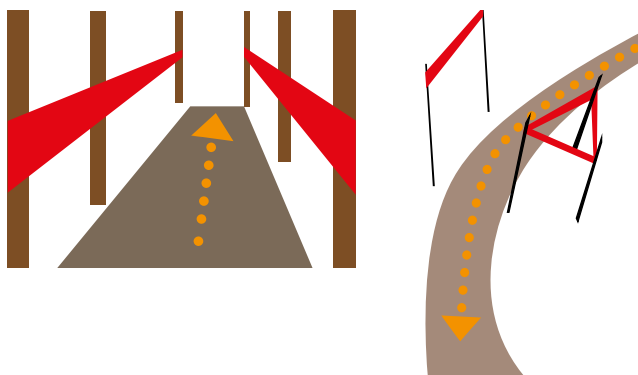


The course will be marked with tape throughout.

Some sections where there are no optional lines or crossings will be left relatively free of tape. All junctions or crossings will be clearly taped off. Signage will be in place as required.

Transitions will be marked with a combination of arrows, tags of course tape and other markers beside the road or trail.

Major hazards on the course will be identified with warning signs.



Double Downward Arrow

This indicates a steep or technical section/trail hazard.



Triple Downward Arrow

This indicates the most difficult or most severe technical sections on the course.



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Start times

You will receive set registration times for Saturday on Wednesday 20th April. Please register at your allocated time – this is to avoid delays and queues. Your times are important for race day. Please don't lose them!

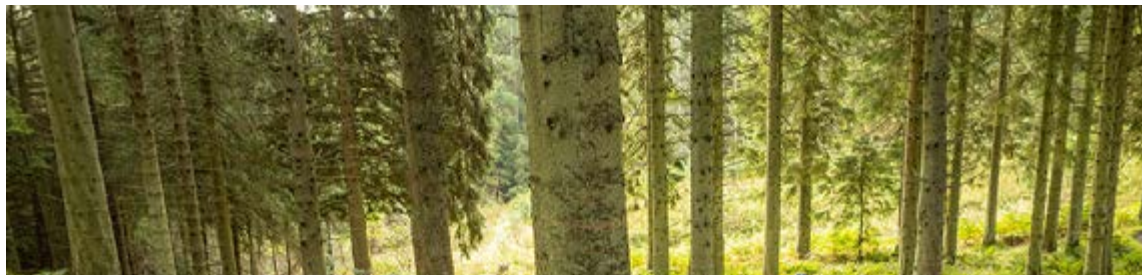
You'll be given a sticker with guide stage start times. Please keep to your times as appearing on your stickers. This will minimise stage start queues and delays. If everyone keeps to their times as closely as possible, there should be very minimal queueing all day. Course completion should be achievable (with short food stops etc.) within 3 hours or so.

All riders must register and collect their number boards before beginning the race. Number boards must be attached to bikes and visible for the duration of the event. Emergency contact details of all riders will be checked at registration, so make sure you have this info with you when registering. Riders under 16 will need to have a parental consent form completed at registration, please send us this beforehand using the below link and emailing the filled-out form to info@tweedlove.com.

<https://tweedlove.com/wp-content/uploads/2022/04/Parental-Consent-Form-2022.pdf>

Rider briefing

Rider briefing information will be announced over the PA while you are in the start area.



Early retirement

A sweeper will go round the course behind the last riders. If you retire for any reason, please inform Event HQ on 07496 871220 — please program this number into your phone prior to the event as this will ensure that it is easily available to you.

Who wins?

1st, 2nd and 3rd fastest in each of the categories will receive a prize. Results for the eMTB stage do NOT count to your overall Enjoyro results, but there will be spot prizes for the fastest times.

In the event of a tie, the highest placed rider on stage four of the race will be awarded a higher placing.

All results will be available online via social media and on the TweedLove website as soon as possible after the event.



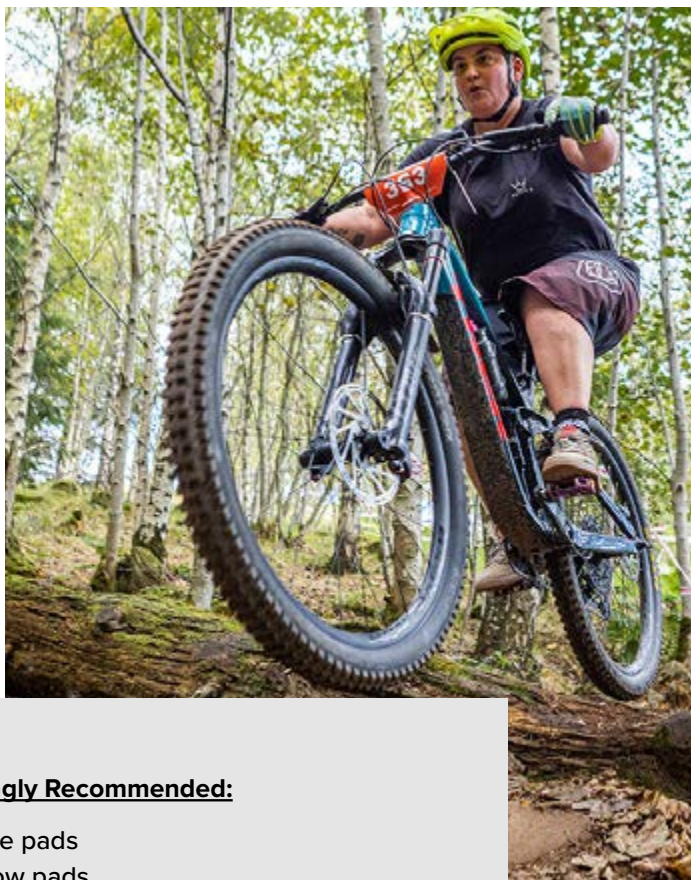
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Safety

You must ride safely, in control and within the limits of your ability at all times – this includes when overtaking. **HELMETS MUST BE WORN & FASTENED AT ALL TIMES WHILE YOU ARE RIDING YOUR BIKE.** Any rider failing to comply with this will be disqualified.

If you're inspecting the tracks at any time, please don't stop in the middle of the track. Make sure you and your bike are not causing an obstruction or danger.

Trails used for the race stages are closed to the public. However, please remain vigilant in case someone strays onto the course who shouldn't be there.



Clothing and kit

Please make sure that you are well prepared for a day out on the hills. We're in Scotland and you'll be out exposed to the elements for several hours.

You must have the following:

- Helmet (open or full-face) **HELMETS MUST BE WORN & FASTENED AT ALL TIMES WHILE YOU ARE RIDING YOUR BIKE.**
- Mobile phone (charged).
- Bar end plugs.

Strongly Recommended:

- Knee pads
- Elbow pads
- Gloves
- Eye protection (glasses or goggles)
- Front mudguard
- Full body cover and waterproof jacket if conditions cold/wet
- Suitable backpack
- Emergency blanket
- Innertubes/puncture repair kit
- Multi tool
- Basic, well maintained first aid kit
- Food and fluids



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Categories

Male:	Female:
• 12-13	• 12-13
• 14-15	• 14-15
• 16-39	• 16-39
• 40+	• 40+
• Ebike	• Ebike

All entries are solo – no team/combined entries.

Please note

Whether you are entered as an Adult, Child, or with a Generations entry, each individual rider will have their own times logged.

Generations riders — racing one after the other, both riders will have a timing chip and receive their own race times. Combined times will be available, but the final race results are for individual riders just like a normal enduro.

If there are less than three entrants in any race category, we reserve the right to combine categories. Age on 23rd April 2022.

All riders under 16 on race day must have a signed Parental Consent Form. To speed up the registration process this can be downloaded [here](#).

Number boards

Every rider will get a number board. Number boards must be fixed on the handlebars (we'll provide the zip ties) and must be readable throughout the competition.

Medical conditions and emergency contact details must be completed on the reverse of the number board (make sure you have these details with you!).

No rider may use another's rider's event number.

First aid

First aid cover will be in place for the race. Report to the nearest marshal if assistance is required or phone the number on the back of your number board. In an emergency always phone 999 first before contacting us, if you require mountain rescue ask for the police then mountain rescue.

Food and water

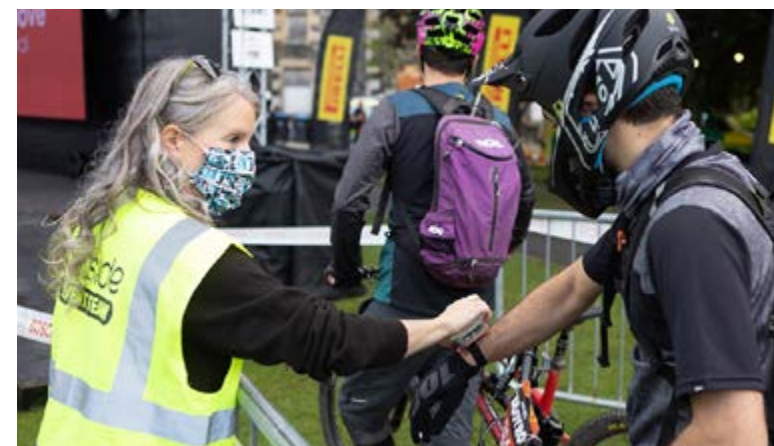
A feed station will be on course between stages 2 and 3 providing water, nutrition products from High5 and delicious cakes from Wild Dining aka the catering team at Traquair House Cafe.

Accommodation

Please see our accommodation recommendations [here](#).

Socials

Join the conversation on Facebook and Instagram using the hastags: #TweedLove #TweedLoveBikeFestival #Enjoyro





Terms & Conditions

The organisers shall have unlimited rights to publish pictures and video images of the participants; to forward these photos to press representatives and to use them for marketing activities. By taking part you are agreeing to be photographed or recorded for video purposes. You are also agreeing to potential video recording, at any location around the event and course. Any drones operated on behalf of the organisers will be piloted by legally registered and qualified operators. Photography and video recordings may be used for promotional and publicity purposes.

The organisers retain the right to change rules, terms and conditions as required.

You must provide an emergency contact number.

- Under no circumstances will aggressive riding or behaviour towards other riders be tolerated. Any race entrant found to be discourteous in any way to other riders will be disqualified from the race and future events.
- Anyone caught course cutting will be disqualified and banned from future events
- The course features climbs and descents on a wide variety of trail surfaces. All riders must complete the entire course on the same bike – frame, suspension (rear and front) and wheels.

- Marshals and riding marshals will be on duty throughout the course, and anyone found to be changing equipment/wheels etc will be disqualified. New tubes are fine of course.
- In case of a mechanical failure leading to the need for major equipment replacement, a race official should be informed
- Signage will be in place along the entire course warning traffic of the event, but riders are always responsible for their own safety.
- The transition/linking sections may include public roads with traffic present, where you must ride responsibly and considerately, and follow the Highway Code at all times. For riders from abroad, please remember to ride on the left.
- Every rider is responsible for their bike and equipment. The condition, quality and construction should be suitable to ensure the safety of riders or other persons. Riders must carry sufficient spares for their own use. Mechanical support may not always be available on course.
- All equipment used at an event must be fit for purpose and ridden / used at riders' own risk.
- Riders must be courteous and aware of other cyclists around you. Slower riders must allow faster riders to pass by pulling over at a suitable place to enable a safe overtaking move. Riders catching the rider in front must clearly (and politely) indicate which side they wish to pass on.

- Foul or abusive language and poor behaviour will not be tolerated and will mean disqualification from this and possibly other future TweedLove events. Everyone's here to have a good time.
- Intentional moving of any posts, markers or course marking tape will result in disqualification from the event.
- Riders going through or under/over course tape and short-cutting the course will be disqualified.
- The race is open to all riders, and no licence is required.
- Our race results categories are based on sex at birth.
- Riders must obey all event marshals' and event officials' instructions.
- Riders cannot accept support (e.g. spares, repairs) from a non-racer, except official race mechanical support.
- Please don't drop any litter – marshals will have bin bags!
- Failure to comply with gear regulations will result in disqualification.

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Responsibilities

Riders attend the event on their own account and at their own risk. The rider is responsible for the safety of his bike, equipment and clothes. The organisation is not responsible and cannot be held responsible for any injuries and/or damages as results of any action during the event, or during practice for the event.

The organisers reserve the right to disqualify any rider in breach of any of these regulations.

This agreement starts with the entry. The organisation reserves the right to make any necessary changes or even to cancel the whole event according to safety problems at any time, official orders, government laws or other unforeseen events.

The organisers will endeavour to give all entrants a time derived from the electronic timing chip system provided. However, they are not responsible in the unlikely event of fault in the electronic timing system.

Protest

Protests against the result or disqualifications should be addressed to the Event Organisers within the 30 minutes following the end of the race.

Waiver of liability

Every rider understands and admits that his participation in the event is voluntary. They assume full responsibility for any injuries or damages from their participation in, or practice for, the event.

They recognise and understand that mountain biking and the activities associated with this event may be hazardous, that their participation is solely at their own risk and that they assume full responsibility for any resulting injuries and damages that may occur.

Every rider affirms that they are in good health. They declare that they are physically fit and capable to participate in the event. Every rider understands it can be a strenuous day out with significant amounts of climbing and distance to be cycled in order to complete the course.

Every rider has to acknowledge that they have read and understood this entire waiver of liability and agrees to be legally bound by it.

Look After Our Forest

You must wash your bike and tyres thoroughly after riding, to reduce the risk of forest diseases, which currently (and seriously) threaten larch, ash and other species throughout the UK. Thanks for your help.



HIGH5, your on-course nutrition partner, are committed to creating nutritious products with amazing natural flavours and are passionate about helping you achieve your goals. HIGH5 are delighted to support you at the Ridelines Enjoyro 2022 and will provide you with great tasting [Energy Gels](#), [Energy Drinks](#) and [Energy Bars](#) on the day. Find out more about how nutrition can help you [here](#).