

RIDELINES MTB ENJOYRO

Saturday 18 September 2021

Riders' Notes



tweedlove 
bike festival

**IMPORTANT EVENT INFORMATION.
PLEASE READ!**



Please read this info carefully –
it contains things you need to
know for the race.

Welcome to Ridelines Enjoyro 2021

Saturday 18 September

Event start/finish & registration:

TweedLove Festival,
Tweed Green, Peebles
EH45 8AR

Registration will be at Event HQ. You must register before you race and collect your number board and timing chip. There's no racing without a number board.

Please note:

On the evening of Wednesday 15th September you will be emailed your registration and start times.

Please keep to these times and don't forget them!

A staggered start and registration process is being used to help avoid busy spells at registration, as part of our Covid measures. We've successfully used this method at all our events this year and it has proved very effective. Thanks for playing your part.

Please bring a face covering.

Welcome to our 'intro level' enduro — an introduction to the fun of enduro racing. Perfect for the enduro-curious, younger riders or just those with not enough time for a full on enduro weekend. It's a proper enduro racecourse, just a bit and shorter and easier than most! There's a little less gravity than a full-on enduro course, and maybe a bit more pedalling than some.

Tis is a fun and (mostly) fear-free experience for the enduro-curious — a shorter and easier enduro adventure. There are four timed race stages, with stages 1 – 3 being mandatory, and the fourth one optional. Stage Four is a level up technically from the other stages. See more info below.



RIDELINESMTB ENJOYRO



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Area Map

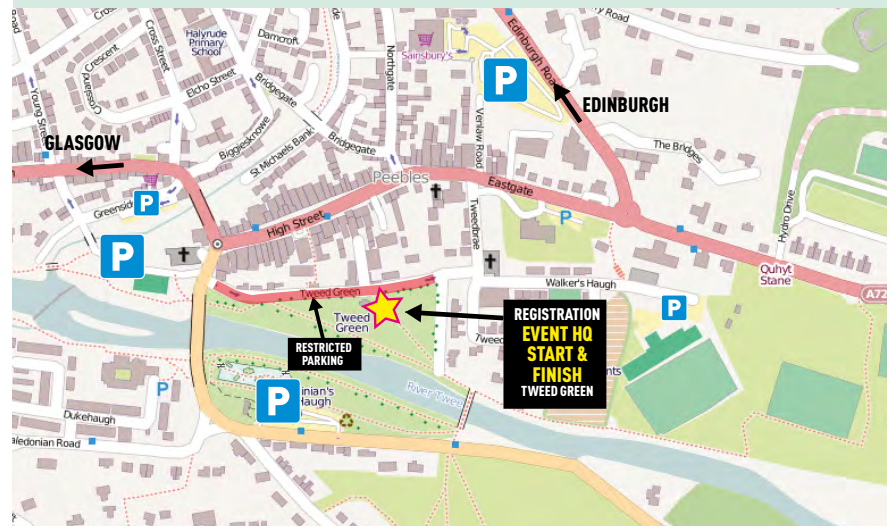
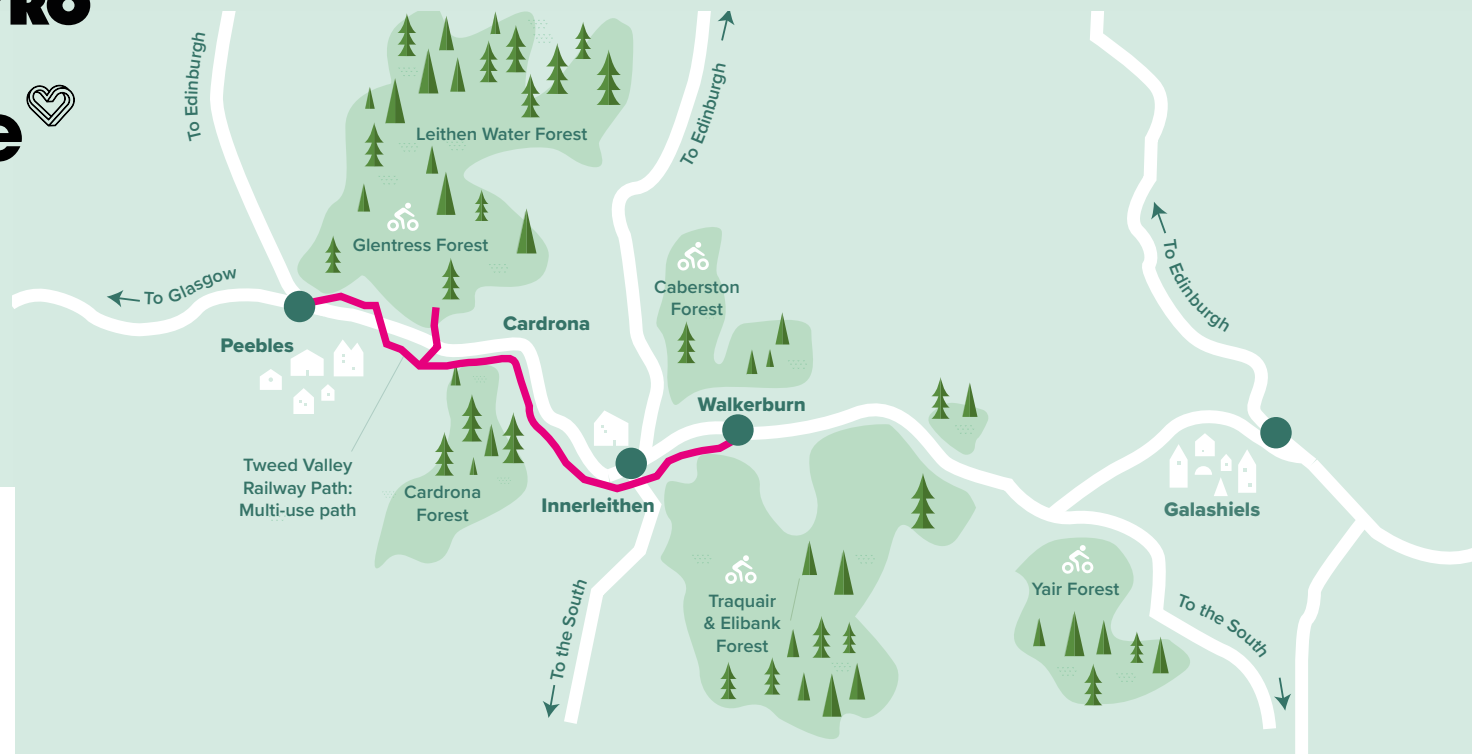
Parking

Car parking in Peebles – Edinburgh Road Car Park EH45 8AY and Haylodge Car Park, Neidpath Road EH45 8NN are the advised parking for event entrants.

These are a short distance from the event village - please be advised that there will be little or no parking at Tweed Green. There is extensive free parking on many side streets around town, but please park responsibly and courteously. Visit:

https://en.parkopedia.co.uk/parking/peebles_united_ki%20

or use this map:





Covid arrangements

We have to adhere to Covid Protocols in order to host this race.

PLEASE HELP US DELIVER A SAFE EVENT BY COMPLYING WITH ALL THE PROCESS AND ARRANGEMENTS DESCRIBED BELOW.

A STRICT TIMETABLE IS IN PLACE AND EVERYONE IS GIVEN A TIME TO ARRIVE, REGISTER AND START THE RACE.

At registration, you'll be given stickers with guide start times for the different stage times. Try to complete the course within these times but there is no penalty if you're a little late.

You'll then collect your timing card, after which you should make your way to the start area near the main stage.

Timing cards

You will be given a timing card, which you must use throughout the race. YOU MUST HAND IT IN AGAIN AT THE END TO GET YOUR TIMES.

Timing cards should be worn on your right wrist and although they do not actually need to be inserted into the card readers, they do need to be placed very near the readers (within 4 cm) and the timing station will beep to confirm that it has registered your time. Think of it as punching your card at the card reader, rather than swiping a credit card.

You need to dib as follows:

- At the very start, before you leave the Event village/ HQ.
- At the start and finish of every stage. Timing posts are all on your Right Hand Side.
- At the end of the race, before you hand in your card at the Timing Tent — where you'll be given your results.

Timing cards must be returned to get results. Non-returned cards will be charged at £30 per card.

You can only ride each stage once.

All riders' times are logged and available at the finish. On handing in your timing card, you will be given a print-out of your times.

You must wear your timing card on your RIGHT wrist. Timing stations/card readers are all on the right-hand side of the trails.

Event schedule

SATURDAY 18 SEPTEMBER

08:00 – 10:20: Registration & Timing Card Collection at Event HQ

08:30 – 10:50: Start

18:30 approx: Ridelines Enjoyro Podiums



JOIN THE CONVERSATION

Post-race, we'll be sharing images and results from the event, make sure you follow us on Facebook, Twitter and Instagram.

We also want to hear from you, use **@tweedlovest** **#enjoyro** **#tweedlovest** **#tweedlove** **#bikevalley** and share:

- Your best event memories
- Your favourite training and event photos and videos
- And of course, a photo with you!

[illegible]

The map is provided for your information, but there's no official practice for this event. Taping and prep will be underway on Wednesday, Thursday and Friday – some sections may be closed and staff working.

For safety reasons for riders and event crew, please stay off other marked event trails and avoid all taped trails until the event itself.

The course will be made up of three compulsory and one optional stage all situated in Glentress forest.

Riding will vary from fast and flowy to tight and technical. The course is designed to be suitable to be ridden blind with no forced gap jumps or big drop offs. Trails in the forest can often feature roots and narrow, tree lined trails. Some trails have loose rocks, others off-camber roots.

Course marking

Riders should adjust their speed accordingly and ride safely.

Any hazards on the course will be identified with warning signage. A double downward arrow sign indicates a steep or technical section/trail hazard.

The transitions will be marked with yellow and black arrows. All race stages will be taped. Some sections where there are no optional lines or crossings will be left relatively free of tape. All junctions or crossings will be clearly taped off. Signage will be in place as required. Ride the trails as they were intended to be ridden, if tape is down or a line looks like a cheat line stick to what you think is right. Cheaters are not welcome and will be disqualified.

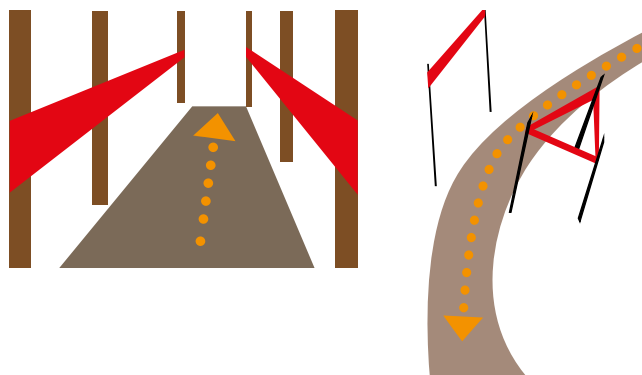
IMPORTANT: On some more open sections, tape 'gates' will be used. This will involve a set of taped posts on either side of the track, which form a gate. Anywhere there is tape on both sides of the track, the rider must pass between the two sides of the gate. Failure to do so will lead to disqualification.

The course will be marked with tape throughout.

Some sections where there are no optional lines or crossings will be left relatively free of tape. All junctions or crossings will be clearly taped off. Signage will be in place as required.

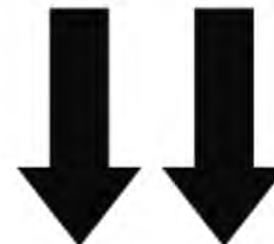
Transitions will be marked with a combination of arrows, tags of course tape and other markers beside the road or trail.

All hazards on the course will be identified with warning signs.



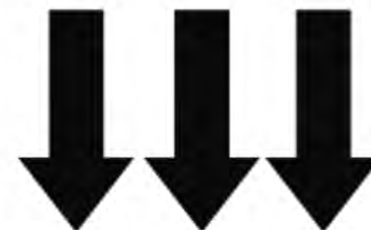
Double Downward Arrow

This indicates a steep or technical section/trail hazard.



Triple Downward Arrow

This indicates the most difficult or most severe technical sections on the course.





Start times

Due to Covid-19 you will receive set registration and your start times for Saturday on Wednesday 13th September. Please **ONLY** register and start at your allocated time – this is to keep all of us safe. Your times are **IMPORTANT** for race day. Please don't lose them!!

Please keep to your times as appearing on your stickers. This will minimise stage start queues and delays. If everyone keeps to their times as closely as possible, there should be very minimal queueing all day. Course completion (for all four stages) should be achievable (with short food stops etc.) within 3 hours.

All riders must register and collect their number boards before beginning the race. Number boards must be attached to bikes and visible for the duration of the event. Emergency contact details of all riders will be checked at registration, so make sure you have this info with you when registering. Riders under 16 will need to have a parental consent form completed at registration, please send us this beforehand using the below link and emailing the filled-out form to info@tweedlove.com.

<https://tweedlove.com/wp-content/uploads/2021/07/Parental-Consent-Form-.pdf>

Rider briefing

Rider briefing information will be announced over the PA while you are in the start area.

Early retirement

A sweeper will go round the course behind the last riders. If you retire for any reason, please inform Event HQ on 07496 871220 — please program this number into your phone prior to the event as this will ensure that it is easily available to you.

Who wins?

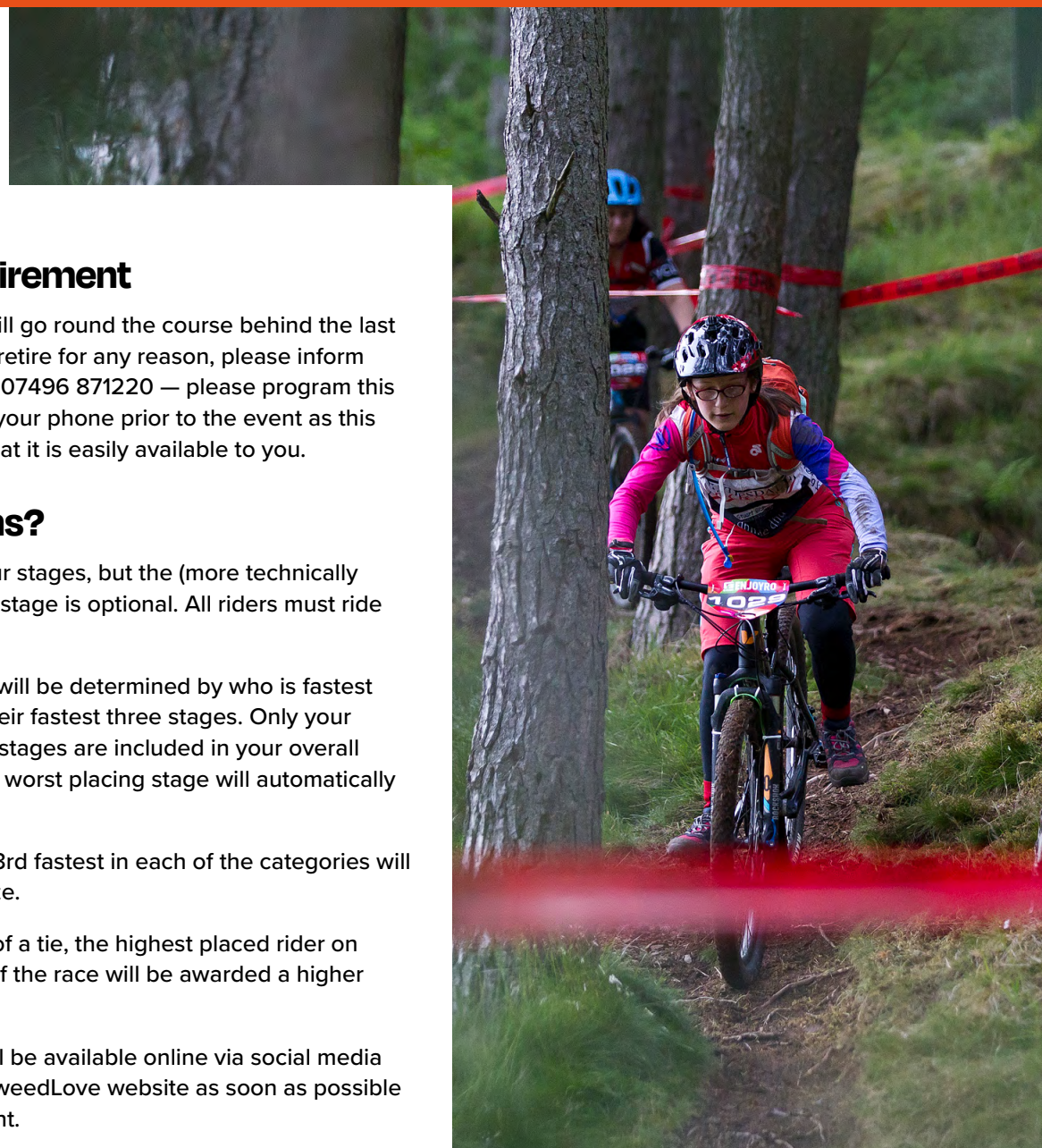
There are four stages, but the (more technically difficult) final stage is optional. All riders must ride stages 1-3.

The winners will be determined by who is fastest over all on their fastest three stages. Only your fastest three stages are included in your overall ranking. Your worst placing stage will automatically be dropped.

1st, 2nd and 3rd fastest in each of the categories will receive a prize.

In the event of a tie, the highest placed rider on stage three of the race will be awarded a higher placing.

All results will be available online via social media and on the TweedLove website as soon as possible after the event.



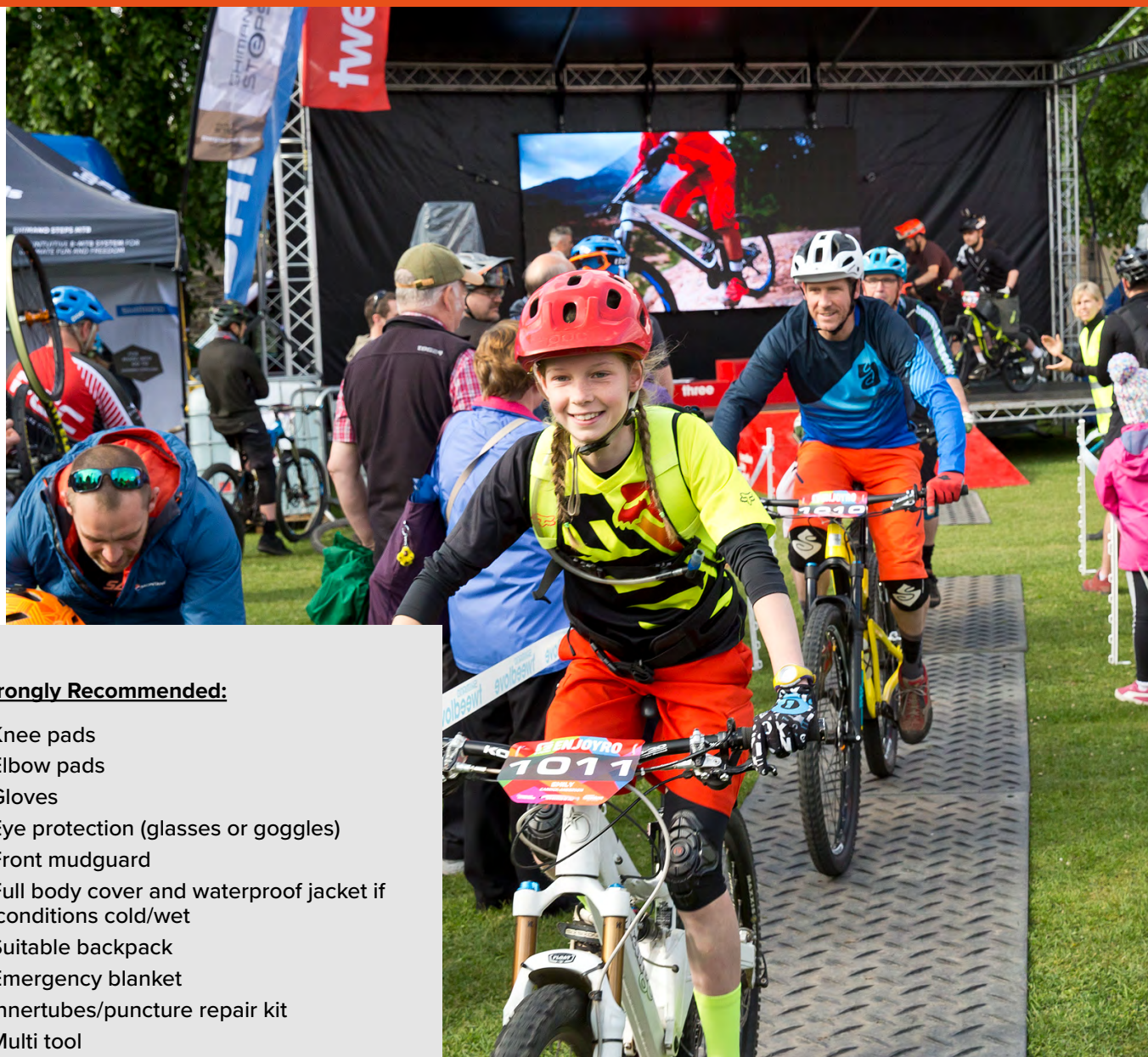
RIDELINESMTB ENJOYRO

Safety

You must ride safely, in control and within the limits of your ability at all times – this includes when overtaking. **HELMETS MUST BE WORN & FASTENED AT ALL TIMES WHILE YOU ARE RIDING YOUR BIKE.** Any rider failing to comply with this will be disqualified.

If you're inspecting the tracks at any time, please don't stop in the middle of the track. Make sure you and your bike are not causing an obstruction or danger.

Trails used for the race stages are closed to the public. However, please remain vigilant in case someone strays onto the course who shouldn't be there.



Clothing and kit

Please make sure that you are well prepared for a day out on the hills. We're in Scotland and you'll be out exposed to the elements for several hours.

You must have the following:

- Helmet (open or full-face) **HELMETS MUST BE WORN & FASTENED AT ALL TIMES WHILE YOU ARE RIDING YOUR BIKE.**
- Mobile phone (charged).
- Covid-safe face covering such as a mask.
- Bar end plugs.

Strongly Recommended:

- Knee pads
- Elbow pads
- Gloves
- Eye protection (glasses or goggles)
- Front mudguard
- Full body cover and waterproof jacket if conditions cold/wet
- Suitable backpack
- Emergency blanket
- Innertubes/puncture repair kit
- Multi tool
- Basic, well maintained first aid kit
- Food and fluids

Categories

Male: Female:

- 12-13
 - 14-15
 - 16-39
 - 40+
 - Ebike
- 12-13
 - 14-15
 - 16-39
 - 40+
 - Ebike

All entries are solo – no team/combined entries.

Please note

Whether you are entered as an Adult, Child, or with a Generations entry, each individual rider will have their own times logged.

Generations riders — racing one after the other, both riders will have a timing chip and receive their own race times. Combined times will be available, but the final race results are for individual riders just like a normal enduro.

If there are less than three entrants in any race category, we reserve the right to combine categories. Age on 31st December 2021.

All riders under 16 on race day must have a signed Parental Consent Form. To speed up the registration process this can be downloaded here:

<https://tweedlove.com/wp-content/uploads/2021/07/Parental-Consent-Form-.pdf>

Number boards

Every rider will get a number board. Number boards must be fixed on the handlebars (we'll provide the zip ties) and must be readable throughout the competition.

Medical conditions and emergency contact details must be completed on the reverse of the number board (make sure you have these details with you!).

No rider may use another's rider's event number.

First aid

First aid cover will be in place all weekend. Report to the nearest marshal if assistance is required or phone the number on the back of your number board. In an emergency always phone 999 first before contacting us, if you require mountain rescue ask for the police then mountain rescue.

Food and water

A feed station will be on course between stages 1 and 2 providing nutrition products from High5 and cakes from Wild Dining aka the catering team at Traquair House Cafe.





Terms & Conditions

The organisers shall have unlimited rights to publish pictures and video images of the participants; to forward these photos to press representatives and to use them for marketing activities. By taking part you are agreeing to be photographed or recorded for video purposes. You are also agreeing to potential video recording by drones, at any location around the event and course. Any drones operated on behalf of the organisers will be piloted by legally registered and qualified operators. Photography and video recordings may be used for promotional and publicity purposes.

The organisers retain the right to change rules, terms and conditions as required.

- You must provide an emergency contact number.
- Under no circumstances will aggressive riding or behaviour towards other riders be tolerated. Any race entrant found to be discourteous in any way to other riders will be disqualified from the race and future events.
- Anyone caught course cutting will be disqualified and banned from future events
- The course features climbs and descents on a wide variety of trail surfaces. All riders must complete the entire course on the same bike – frame, suspension (rear and front) and wheels.

- Marshals and riding marshals will be on duty throughout the course, and anyone found to be changing equipment/wheels etc will be disqualified. New tubes are fine of course.
- In case of a mechanical failure leading to the need for major equipment replacement, a race official should be informed
- Signage will be in place along the entire course warning traffic of the event, but riders are always responsible for their own safety.
- The transition/linking sections may include public roads with traffic present, where you must ride responsibly and considerately, and follow the Highway Code at all times. For riders from abroad, please remember to ride on the left.
- Every rider is responsible for their bike and equipment. The condition, quality and construction should be suitable to ensure the safety of riders or other persons. Riders must carry sufficient spares for their own use. Mechanical support may not always be available on course.
- All equipment used at an event must be fit for purpose and ridden / used at riders' own risk.
- Riders must be courteous and aware of other cyclists around you. Slower riders must allow faster riders to pass by pulling over at a suitable place to enable a safe overtaking move. Riders catching the rider in front must clearly (and politely) indicate which side they wish to pass on.

- Foul or abusive language and poor behaviour will not be tolerated and will mean disqualification from this and possibly other future TweedLove events. Everyone's here to have a good time.
- Intentional moving of any posts, markers or course marking tape will result in disqualification from the event.
- Riders going through or under/over course tape and short-cutting the course will be disqualified.
- The race is open to all riders, and no licence is required.
- Riders must obey all event marshals' and event officials' instructions.
- Riders cannot accept support (e.g. spares, repairs) from a non-racer, except official race mechanical support.
- Please don't drop any litter – marshals will have bin bags!
- Failure to comply with gear regulations will result in disqualification.

RIDELINES MTB **ENJOYRO**

Responsibilities

Riders attend the event on their own account and at their own risk. The rider is responsible for the safety of his bike, equipment and clothes. The organisation is not responsible and cannot be held responsible for any injuries and/or damages as results of any action during the event, or during practice for the event.

The organisers reserve the right to disqualify any rider in breach of any of these regulations.

This agreement starts with the entry. The organisation reserves the right to make any necessary changes or even to cancel the whole event according to safety problems at any time, official orders, government laws or other unforeseen events.

The organisers will endeavour to give all entrants a time derived from the electronic timing chip system provided. However, they are not responsible in the unlikely event of fault in the electronic timing system.

Protest

Protests against the result or disqualifications should be addressed to the Event Organisers within the 30 minutes following the end of the race.

Waiver of liability

Every rider understands and admits that his participation in the event is voluntary. He/she assumes full responsibility for any injuries or damages from his/her participation in, or practice for, the event.

He/she recognises and understands that mountain biking and the activities associated with this event may be hazardous, that his/her participation is solely at his/her own risk and that he/she assumes full responsibility for any resulting injuries and damages that may occur.

Every rider affirms that he/she is in good health. He/she declares that he/she is physically fit and capable to participate in the event. Every rider understands it can be a strenuous day out with significant amounts of climbing and distance to be cycled in order to complete the course.

Every rider has to acknowledge that he/she has read and understand this entire waiver of liability and agrees to be legally bound by it.

Look after our forest

You must wash your bike and tyres thoroughly after riding, to reduce the risk of forest diseases, which currently (and seriously) threaten larch, ash and other species throughout the UK. Thanks for your help.

The bike wash at TweedLove is free for this reason — please use it! More info here: <https://scotland.forestry.gov.uk/keep-it-clean>

Discover the HIGH5 Cycle Pack

HIGH5, your on-course nutrition partner, are committed to creating nutritious products with amazing natural flavours and are passionate about helping you achieve your goals. HIGH5 are delighted to support you at Pirelli Tenduro 2021 and will provide you



all with great tasting Energy Gels, Energy Drinks and Energy Bars on the day. Find out more about how nutrition can help you at <https://highfive.co.uk/introduction-to-sports-nutrition/>

Have a great day and enjoy the trails!

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Drop by the TweedLove Bike Festival on Friday, Saturday and Sunday to jump off the Canyon Airbag, to shop for new Five Tens, drink a beer, eat a burger or demo a new bike or five.

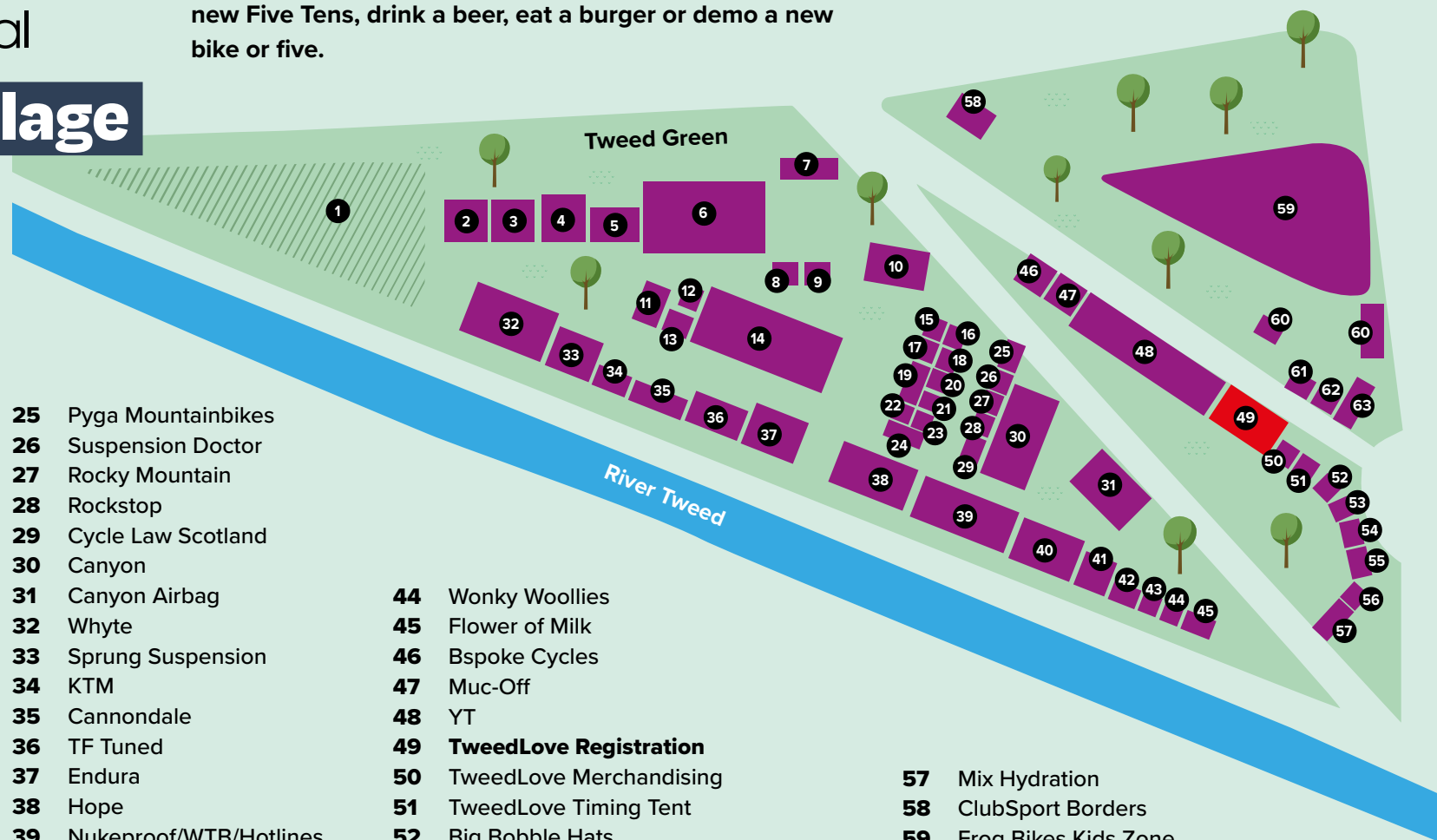
Festival Village

- 1 Bosch eBike Test Track
- 2 Trek
- 3 Schwalbe
- 4 Bosch
- 5 Five Ten
- 6 Chain Reaction Cycles
- 7 Muc-Off Bike Wash
- 8 First Aid
- 9 Scozzese Pizza
- 10 Stage
- 11 Over Hot Coals Burgers
- 12 Mac-Man Mac & Cheese
- 13 Tempest
- 14 Festival Bar
- 15 6th Element
- 16 Julbo Eyewear
- 17 Ridelines
- 18 Deviate Cycles
- 19 Trail Maps
- 20 Woodland Trust
- 21 Pipedream Cycles
- 22 Bike Seven
- 23 Rimpact
- 24 Bird Bikes

- 25 Pyga Mountainbikes
- 26 Suspension Doctor
- 27 Rocky Mountain
- 28 Rockstop
- 29 Cycle Law Scotland
- 30 Canyon
- 31 Canyon Airbag
- 32 Whyte
- 33 Sprung Suspension
- 34 KTM
- 35 Cannondale
- 36 TF Tuned
- 37 Endura
- 38 Hope
- 39 Nukeproof/WTB/Hotlines
- 40 Focus Bikes
- 41 Pirelli
- 42 Shand Cycles
- 43 Forrest Riding

- 44 Wonky Woollies
- 45 Flower of Milk
- 46 Bspoke Cycles
- 47 Muc-Off
- 48 YT
- 49 **TweedLove Registration**
- 50 TweedLove Merchandising
- 51 TweedLove Timing Tent
- 52 Big Bobble Hats
- 53 Tweed Valley Vibes
- 54 Massage by Melanie R & Helen Crowley
- 55 EYRA Clothing
- 56 Squire Locks

- 57 Mix Hydration
- 58 ClubSport Borders
- 59 Frog Bikes Kids Zone
- 60 Frog Bikes
- 61 Shred XS
- 62 Mojo Crepes
- 63 Aye Coffee



COVID-19 GUIDANCE: MUST READ!

Pre-Event



Bring your own:

- Hand sanitiser



- Face covering



- Water bottle



- Food



Wash your hands with soap and water (20 seconds) before leaving home



Stay at home if you've experienced any of the Covid-19 symptoms in the 24 hours leading up to the race

At Registration



Arrive at designated registration time only. Super-keano early types are not cool. Ditto lazy always-late ones.



Have Parental Consent forms and emergency details ready



Prepare to have your temperature taken



If you have a high temperature you may not be allowed to take part



Do not move to start area until 10min before your start time

During Event



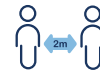
If you have to sneeze, cover your mouth and nose with a tissue if possible and then dispose of it in bin.



Even though we love them, let's skip handshakes, hugs, fist bumps and high fives for now



Use provided hand sanitiser stations whenever possible



Keep 2m distance unless overtaking



Wear face covering while queueing



Follow one-way systems in place

Do not share water bottles

After Event



Return timing chip



Apply hand sanitiser



There are no showers or changing facilities available



Avoid crowds gathering in the finish area and remember your distancing!

THROUGHOUT THE EVENT



Avoid touching surfaces with your hands, sharing equipment and touching your mouth and face.



This event is a participant only event and spectators will not be allowed. Parents/Guardians should not congregate.



If possible, download the Track & Trace app on your phone and turn your phone's Bluetooth on.



Face masks must be worn at Registration, in bag/pocket during ride (in case of an accident) and while handing in your Time chip.



There will be hand sanitiser in each loo and a hand sanitiser outside the loos. Please make use of this before and after you touch the door to the loo.



Avoid using public transport and car sharing—just come on your bike if you can!



Hand hygiene – ensure to wash your hands for 20 seconds using hand sanitiser or soap and water. Participants should wash/sanitise their hands after completing their ride or session.



Any participant developing symptoms after a session should immediately isolate and request a test straight away. You must notify the event organiser if you develop symptoms after the session.

Tel 01721 588050 email: office@hillsideoutside.com

PARTICIPANTS MUST NOT ATTEND IF:



They have Covid-19 symptoms (new continuous cough, a high temperature or a loss or change in taste or smell)



Someone in their household has Covid-19 symptoms



If they have been asked to self-isolate at home by the Scottish Government Test and Protect system



They have returned from a country which is not on the exemption from quarantine list in the last 10 days

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Festival partners



Platinum partners



Gold partners



Silver Partners



Bronze Partners



Supporting partners



Accommodation Partner



Media Partner



www.twweedlove.com