



tweedlove
bike festival



CYCLE LAWTM
Scotland

SKINNY TWEED

PRESENTED BY



SUNDAY 13 JUNE 2021

RIDERS' NOTES: Everything you need to know



Cycle Law Scotland Skinny Tweed presented by Chain Reaction Cycles has been part of the TweedLove Bike Festival since our first festival in 2010.

Covering a distance of approximately 77km, the Skinny travels mainly over quiet back roads, through some beautiful Tweed Valley, Midlothian and Scottish Borders scenery. The ride starts and finishes on Tweed Green, next to the River Tweed in Peebles.

Here you'll find a small event village with our event tents, Chain Reaction Cycles, WTB, Cycle Law Scotland and Bspoke Cycles. Food and drink from Aye Coffee and Bonnie Burrito.

Huge thanks to Cycle Law Scotland and Chain Reaction Cycles for their support for this event.



Route

Approx. 77km

Total ascent 760m approx.

Strava course link:

<https://www.strava.com/routes/12967730>

When

Sunday 13 June 2021

On Monday 7 June your pre-allocated registration and start times will be emailed to you. This is a Covid measure so it's important you stick to these times and help avoid any bigger groups forming.

Where

Registration/Start: Tweed Green,
Peebles, EH45 8AP

After you pick up your number board, go directly to the timing tent to pick up your timing chip.

You should then go to the start line no more than 10 minutes before your allocated start time.

This process conforms to Covid protocols and 'bubbles' according to Scottish Government guidelines.

Event Schedule

Registration & Timing card collection
Sunday 13 June from 8.30

Your Registration and Start Times will be
emailed to you on 7 June. Don't lose them!

Riders out from 9am - 11.30am (latest)

Please follow all our Covid protocols and other rider safety instructions closely throughout your ride.

Thankyou for joining us and for your help in making this a great, safe event.





Registration

Registration takes place at Event HQ in the event village on Tweed Green in Peebles (EH45 8AP). At registration you will receive your number board, and timing cards can be collected from the timing tent from 8:30am on Sunday 13 June.

Please remember that you must return your timing card at the end of the event to get your time. If you don't hand it in you'll be recorded as missing and we'll be trying to track you down to make sure you've not fallen in a bush somewhere. And any lost or damaged timing cards will be charged at £30.00 per card.

Timing Results Categories

This is most definitely not a race, but all timing results will be posted on the event website and on the TweedLove facebook page shortly after the event.

Timing card use

You must 'dib' your timing card at the start before you set off from Event HQ, and also when you return. Timing cards should be worn on your right wrist, and should not actually be touched onto the card readers, they do need to be placed very near to the readers (within 4cm) – the timing station will beep to confirm that it has registered your time.

Parking

Please note, there will be no parking available at the Tweed Green event HQ itself.

Car parking in Peebles – Edinburgh Road car park EH45 8AY, Kingsmeadows Road car park and Hay Lodge car park are the advised parking for event entrants.

These are a short distance from the event village. There is extensive free parking on many side streets around town, but please park responsibly and courteously. **Follow this link** for info on lots of places to park in Peebles.





Mechanical support

Chain Reaction Cycles will be providing mechanical support at the event. Mechanics will be at the start of the event for any last minute help that you may need with your bike and will later be at the feed station in Temple for any help needed out on course. There will also be riders sweeping the course at the back of the riders if you need assistance out on route.

Food and water on course

The location of the feed station is highlighted on the route map, at Temple Village Hall – about half way round the route, and after you've done most of the climbing. All riders may use the feed station (or not, if you prefer to keep going!), but should also ensure that they have enough provisions for the event.

Feed station will have:

- **Water**
- **High Five Zero**
- **High 5 energy products**
- **Cake**

Please note, the route also passes cafes on Innerleithen High St.

Food and water in the event village:

Bonnie Burrito and Aye Coffee, two of our favourite (and delicious) bike event fuel suppliers will be on site at the event HQ.

There are all sorts of other food, coffee and drink vendors around Peebles too.

Fresh drinking water will be available on site.

Please use the litter bins provided. Thanks.

Toilets

There are public toilets at Kingsmeadows Car Park, also on School Brae (next to the event village) and at portable toilets at the event village itself.

First aid

Static first aid cover in the Event Village, with first aiders in our on-course crew.

Event HQ contact
0749 687 1220

Nearest hospital clinic

Borders General Hospital
Melrose
Roxburghshire
TD6 9BS
Tel: 01896 826000

How to get here

Peebles is about 23 miles south of Edinburgh. It's within easy reach of Edinburgh, Glasgow, Newcastle, the Scottish central belt and the north of England. The postcode for the event village (Victoria Park in Peebles) is EH45 8AP for sat navs.



Accommodation and local facilities

Peebles is the hub of the event. Sitting on the banks of the River Tweed in the heart of the Tweed Valley it's just 45 minutes from Edinburgh. Peebles is packed with things to do, places to eat, and has several supermarkets and a bike shop to gather supplies. Parking is available around town as shown on the map.

Rules and important info

See the Covid Safety Information on pages 7 & 8.

Rider Safety

- This event takes place on open roads. The Highway Code must be followed at all times.
- The course is marked out with white arrows on a red background. Watch out for event signage on route, and beware of any caution signs. Please also bear in mind that there may be other hazards not signed, in particular beware of uneven road surfaces and pot holes.

- There will be marshals at key junctions and the sweeper will always be behind the last rider.
- If you're lost, call Event Control on 0749 687 1220
- Make sure you have sufficient food and drink, clothes and bike spares (at least a spare tube, mini pump and tools to change it).
- Please check out the route map before you set off to ensure you are familiar with directions at junctions.
- Leave no litter.
- Ride to the road conditions – there are sections with poor road surfacing - watch out for hazards and take precautions based on the weather conditions on the day of the event
- Take care on the roads as, although quiet, the traffic can travel fast at times.
- There are big pot holes in several places



EVENT SCHEDULE

MONDAY 7 JUNE

- Registration and start times will be send out. These are **MEGA IMPORTANT** for event day. Do **NOT** lose them!!
- Please check that your emergency contacts are still correct.

SUNDAY 13 JUNE

Registration: Please arrive at your pre-allocated time – this is a short time prior to your start time. Please wear a mask during the registration process. We'll check that you still agree with the terms & conditions and check your emergency contacts, and we may quickly take your temperature. Then you'll be good to start your ride (but not before your allocated start time).. If registering an under 16, a parental consent form **MUST** be completed prior to registration; download a consent form [here](#), fill it out and send it to info@tweedlove.com.

08:30: Registration opens: your allocated time slot will be sent out to you on Monday 7 June.

09:00: First rider starts: your allocated start time will also be sent on Monday 7 June.

DAY BREAKDOWN

Here's a quick guide to what your day looks like:

GET READY. Don't forget drink, nutrition, essential tubes/spares, and a mask - in case you come within a 2-metre distance of someone else or you're in a group of people.

REGISTRATION. Turn up at Tweed Green at your allotted time. Wear a mask during the registration process.

TIMING. Go to the Timing tent and collect your Timing Chip. Say Hi to Moray.

EVENT START. Roll to the start at your allotted time. Wear a mask if you're not riding or in a queue/group.

EVENT FINISH. When you have completed the course, return to the start area, pass through the finish gate and then...

HAND IN TIMING CHIP. This must be returned to Moray, who will give you a printout of your results.

EXPO. Feel free to wander over to our Expo area where Chain Reaction Cycles, WTB, Cycle Law Scotland and Bspoke cycles are set up! If you're more a fan of eating, don't worry, we've got you covered with delicious coffee, cake and... Burritos!

Clothing and kit

Please make sure that you are well prepared.

You must have the following:

- **Helmet (you will not be permitted to take part in this event without a helmet). It must be fastened at all times while riding.**
- **Mobile phone**
- **Suitable clothing for the weather**
- **Your bike must be in suitable working order and safe for the purpose of riding an event with fast descents and mixed road surfaces.**

COVID-19 GUIDANCE: MUST-READ

Pre-Event



Bring your own:

- Hand sanitiser



- Face covering



- Water bottle



- Food



Wash your hands with soap and water (20 seconds) before leaving home



Stay at home if you've experienced any of the Covid-19 symptoms in the 24 hours leading up to the race

At Registration



Arrive at designated registration time only. Being early is not cool and neither is being late! Thanks



Have any Parental Consent forms and your emergency contact details ready



Prepare to have your temperature taken



If you have a high temperature you may not be allowed to take part



Do not move to start area until 10min before your start time

During Event



If you have to sneeze, cover your mouth and nose with a tissue if possible and then dispose of it in bin (at stage starts).



Even though we love them, let's skip handshakes, hugs, fist bumps and high fives for now



Use provided hand sanitiser stations whenever possible



Keep 2m distance unless overtaking



Wear face covering while queueing



Follow one-way systems in place



Do not share water bottles

After Event



Return timing chip



Apply hand sanitiser



There are no showers or changing facilities available



Please avoid crowds in the finish area – keep your distance

Important reminder!

[Here's a link](#) to all the event's terms and conditions, including your liabilities and acceptance of event/ cycling risks.



THROUGHOUT THE EVENT



Avoid touching surfaces with your hands, sharing equipment and touching your mouth and face.



This event is a participant only event and spectators will not be allowed. Parents/Guardians should not congregate in groups.



If possible, download the Track & Trace app on your phone and turn your phone's Bluetooth on.



Face masks must be worn at Registration, in bag/pocket during ride (in case of an accident) and while handing in your Time chip.



There will be hand sanitiser in each loo and a hand sanitiser outside the loos. Please make use of this before and after you touch the door to the loo.



Avoid using public transport and car sharing—if practical please just come on your bike!



Hand hygiene – ensure to wash your hands for 20 seconds using hand sanitiser or soap and water. Participants should wash/sanitise their hands after completing their ride or session.



Any participant developing symptoms after a ride should immediately isolate and request a test straight away. You must notify the event organiser if you develop symptoms after the event.

Tel 01721 588050 email: office@hillsideoutside.com

PARTICIPANTS MUST NOT ATTEND IF:



They have Covid-19 symptoms (new continuous cough, a high temperature or a loss or change in taste or smell)



Someone in their household has Covid-19 symptoms



If they have been asked to self-isolate at home by the Scottish Government Test and Protect system



They have returned from a country which is not on the exemption from quarantine list in the last 10 days