



# tweedlove bike festival

## **Frog Bikes Family Day**

*Supported by Cranked and KICC*

**Sunday 26<sup>th</sup> May 2019**

### **Venue**

Victoria Park,  
Peebles,  
EH45 9AD

### **Getting there**

Peebles is about 26 miles south of Edinburgh. It's within easy reach of Edinburgh, Glasgow, Newcastle, the Scottish central belt and the north of England. The postcode for the event village is EH45 9AD for sat navs.

### **Parking**

There is limited parking near Victoria Park in Kingsmeadows Road Car Park, Peebles. Please park considerately in Peebles. For other parking options go to:  
<http://en.parkopedia.co.uk/parking/peebles/>

### **Course Summary**

#### **Mini Mash Up course**

This course is taped out on an area of flat grass. It has a mixture of cones tyres and other easy obstacles that can be moved around as the session progresses.

Parents can remain close and see their children at all times, though the course will be taped off for safety.

#### **Mega Mash Up course**

This course is taped out on an area of flat grass, though it may go over a few easy tree roots and be marked around existing park features (trees, benches). It has a mixture of cones, tyres and other obstacles that can be moved around as the session progresses. The more difficult obstacles will have an alternative route available to accommodate kids new to pedal bikes. This course is not designed for children with stabilisers.

Parents can remain close and see their children at all times, though the course will be taped off for safety.





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## **Mighty Mash Up course**

This course is longer and is taped to include a mixture of hills and descents any steep descents have the option of an easier route - the course may include a slalom section too.

All children must dismount in the transition area to hand over to their partner. Children waiting while their partners are out on the course will need to wait in the pit area.

## **Event schedule**

### **Registration**

12.00 noon	Registration opens for Mini Mash Up 1, Mega Mash Up 1 & Mighty Mash up 1
12:45pm	Registration opens for Mini Mash Up 2, Mega Mash Up 2 & Mighty Mash up 2
1.30pm	Registration opens for Mighty Mash up 3 & Mighty Mash up 4
2.15pm	Registration opens for Mighty Mash up 5

### **Compulsory Bike Check**

12noon – 2.40pm	Compulsory Bike Check for all riders (please ensure you have registered prior to the Bike Check).
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### **Gather ready to Ride**

12.25pm	Mini Mash up and Mega Mash up 1 (12.30pm – 1.30pm)
12.25pm	Gather for Mighty Mash up 1 for p2
1.10pm	Gather for Mighty Mash up 2 for p3
1.40pm	Gather for Mega Mash up 2 & Mini Mash Up 2 (1.45pm – 2.45pm)
1.55pm	Gather for Mighty Mash up 3 for p4 & Mighty Mash up 4 for p5 (combined)
2.40pm	Gather for Mighty Mash up 5 for p6/p7





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## Sessions Finish

1.00pm	Mighty Mash up 1
1.30pm	Mini Mash up & Mega Mash up 1
1.45pm	Mighty Mash up 2
2.30pm	Mighty Mash up 3 & Mighty Mash up 4 (combined)
2.45pm	Mega Mash up 2 & Mini Mash Up 2
3.15pm	Mighty Mash up 5

## Registration

Registration is in a red roofed tent at event HQ. We have a large volume of children registering and we will process riders as quickly as we can:

Please ensure you get to registration at least 30 mins before your session starts.

We would ask that when registration opens parents allow us to register the riders in the Mini and the Mega Mash Up 1 first as they will be out on course earlier.

One parent can register for both children in the pair and collect their number board and cables ties.

## Bike Check

Once you have registered please make your way to the compulsory bike check area. All equipment used at an event must be fit for purpose and ridden / used at riders own risk. **Bar end plugs must be fitted.**

Children must have their bikes checked before they will be allowed to ride the course.

## Event HQ / facilities

Frog Bikes – will have a selection of demo bikes

Tweeddale Youth Action – Food & Drinks

Wood Oven Wonders – Pizza

Aye Coffee – Coffee, Tea & Snacks

Caldwell's – Ice Cream

Shred XS – Bike Kit

Clarabelle Creations – Facepainting

TweedLove – Merchandise





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## **First aid**

There are a number of people who are first aid trained on site First Aid kits can be located in the Registration Tent and the start area of each course.

## **Safety**

Children must ride safely, in control and within the limits of their ability at all times – this includes when overtaking.

The following must be adhered to at all times:

- Cycling helmets **MUST** be worn and fastened at all times during the event.
- Any participants who persistently misbehave or put others in danger will be asked to leave the activity and will not be allowed to continue.
- A parent or responsible adult **MUST** remain on site for the duration of event.
- All equipment used at the event must be fit for purpose and ridden / used at riders own risk.
- Bikes must be checked before the event.

## **Compulsory**

- Cycling helmets **MUST** be worn at all times during the event.
- Gloves are recommended
- Bike in full working order, including bar end plugs
- No stabilisers
- Appropriate clothing for the weather (rain jacket and sun cream etc)

## **Volunteers**

This event is manned by volunteers. If you would like to volunteer to help, please contact [volunteers@tweedlove.com](mailto:volunteers@tweedlove.com). Where possible we will try and place you on the course that your children will be riding so that you can see them, however this might not always be achievable.

